



When choosing a breastfeeding friendly child care provider, ask questions like...

- Have you cared for breastfed babies?
- Have you had the “How to Support Breastfeeding Mothers & Families” daycare provider training? (this is a free online training for childcare providers)
- Where can I breastfeed when I come to drop off or pick up my child?
- Do you prefer my breastmilk to come fresh/thawed or frozen?
- How will you warm my breastmilk? (breastmilk should never be microwaved)

“Feeding Tips” card

<http://ksbreastfeeding.com/wp-content/uploads/2014/02/childcare-magnet-Kansas.pdf>

Resource List for Providers & Families

<http://ksbreastfeeding.com/wp-content/uploads/2014/02/Resource-List-for-Providers-and-Families-Kansas.pdf>

How to Support Breastfeeding Mothers & Families: A Simple Guide for Child Care Providers

<http://www.youtube.com/watch?v=lpDDxnbin7c&feature=youtu.be>